

Transcranial Magnetic Stimulation (TMS) is a breakthrough treament for depression. It's been clinically proven to be more effective than antidepressant medications in every way.

It is remarkably safe, has very few side effects, and only at BrainStim Centers, is performed under the supervision of a top neurosurgeon who is an expert in brain optimization.



## MENTAL HEALTH FACTS



16 million Americans experience a Major Depressive episode per year



Major Depression is the leading cause of disability worldwide



22.8% of adults in the United States are experiencing at least one mental illness this year. That represents over 50 million people or almost 1 in 4 adults.



1 in 20 U.S. adults suffer from a serious mental illness. More than 50% of adults with Major Depressive Disorder are not receiving any treatment

46 percent of Americans will meet the criteria for a mental health condition sometime in their life, and half of those people will develop a condition by the age of 14.





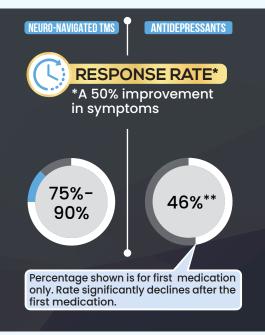


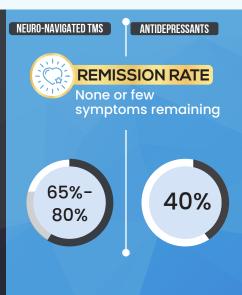


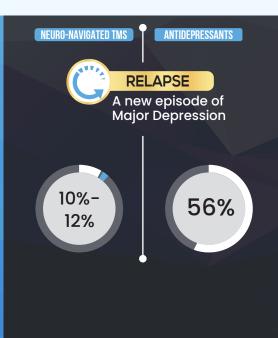


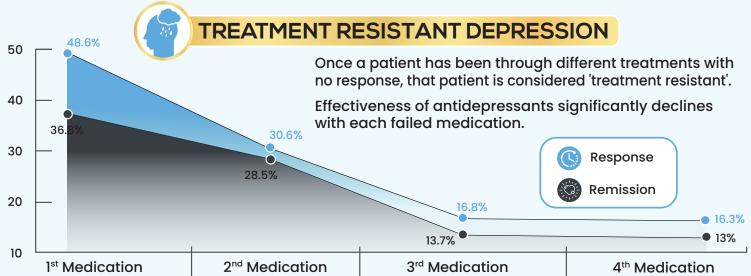


Symptoms of Depression: Loss of pleasure, overwhelming sadness, changes in appetite, disrupted sleep patterns, extreme fatique, feelings of quilt and worthlessness, suicidal thoughts.









Transcranial **Magnetic Stimulation** 



### ANTIDEPRESSANTS









Slowing



Mild discomfort at treatment site (typically goes away after 1-2 weeks)



Insomnia Dampening





Dysfunction

**Constipation Drowsiness** 

Confusion



Appetite







**Blurred Vision Headaches** 

**Anxiety** 

# HISTORY OF TMS









2008 2010



2013

1985

Creation of the first TMS device

(1990s)

Studies confirm safety and effectiveness of TMS

**FDA** approves TMS therapy in the United States

2010-Treatment with TMS broadens to include other mental health disorders

**Health Insurance** companies start covering TMS in the United States





opens Cancun,



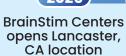


2019 **BrainStim Centers** 



2017 Nexstim is FDA

2017



**BrainStim Centers Mexico location** 

**BrainStim Centers** opens Calabasas, **CA location** 

opens Valencia, **CA** location

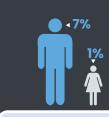
approved with Neuro navigated TMS



### DEPRESSION KILLS



50% of people who commit suicide suffer from major depression



Percentage of depressed individuals who die from suicide: 7% of men, 1% of women

BrainStim Centers, with locations in Calabasas and Valencia, California and Cancun, Mexico treat a variety of mental health conditions including





















TREATMENT FOR DEPRESSION SAVES LIVES

0.141% Rate of suicides when treated



· 20% Rate of suicides in untreated depression

optimize your brain function, visit our website at brainstimcenters.com or call our main office at 310-895-7122

Tinnitus Postpartum Brain Fog Insomnia

To learn more about TMS and how we can help you

We have experts ready to help you get insurance approval and started as soon as possible.

# COVERED BY MOST INSURANCE

TMS is covered by Medicare, Triwest, Tricare and most private insurers for the treatment of major depressive disorder.





























